# Why Your Help Matters

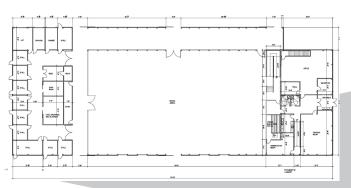
The future of HRET is dependent upon the ability to provide a space for our riders and horses that allows the program to grow and serve more in our community.

Our current home is a rented space which restricts our teaching hours and class offerings. The current facility does not have the necessary space to offer ADA accommodations, or to build a permanent ramp or lift to accommodate our riders needing this element to safety mount horses with dignity.

The ability to offer a climate controlled arena to our riders will allow us to operate classes year round. Currently, we have to suspend classes during the winter months and endure the bitter elements this season causes on our horses.

Our proposed layout in our new facility will provide optimal space utilization and expansion of our services including development of our Veterans program and farming experience classes. We ask for your support to help bring our dream barn to life.

#### Your financial support, services, goods, and labor donation is a critical stepping stone to HRET's future.



### Our new facility will feature:

- 11-14 Adjustable Stalls
- 84' x 144<sup>'</sup> Arena
- Training Room
- Power Lift and Ramp
- Viewing Room and Bleechers
- ADA Compliant Restrooms and Showers
- Heated Washrack
- Tack, Feed, and Medicine Rooms
- Indoor Hay and Shaving Storage

# **Expansion Project Wish List**

- Boundaries Survey
- Septic System
- Excavation and Drain Tiles
- Electrical, Plumbing, and HVAC Equipment and Labor
- Cement and Masonry Services
- Carpentry and Painting Labor
- Landscapers
- Aglime and Sand Arena Footing
- Intercom System
- Paddock Fencing
- Lean to Shelter
- Big Ass Fans
- LED Lighting Fixtures: Stall, Arena, and Office
- Tankless Water Heaters
- Portable Stalls
- Arena Sprinkler System
- Thermal Garage Doors
- Swing Doors
- Dutch Doors
- 4x6 Thermal Pane Windows and Screens
- Stall Mats
- Heated Buckets
- Commercial Washer and Dryer
- Refrigerator, Freezer, Microwave
- Office Furniture
- Tables and Chairs

# Make this expansion part of your legacy:

Talk to us about naming rights

### Double Your Impact!

Be sure to check with your human resources department to see whether your donation is eligible for a matching gift from your employer.









# www.holisticridingtherapy.org 630-878-8096





 $(\boxtimes)$ 

Holistic Riding Equestrian Team

Visit us by appointment only at Kopping Farms, Lemont, IL

### Building a New Home for Holistic Riding Equestrian Therapy Climate Controlled ADA Compliant Facility

Your support directly determines how many riders we serve. In 2018, we served:



200+ 670+ CLASSES MOUNTED LESSONS

6000+ VOLUNTEER HOURS





### **Almost Home**

Kopping Farms, our current home, is adjacent to hundreds of miles of scenic trails in the Palos Forest Preserves. Kopping Farms offers a complete educational farming experience with various animal species and crop fields within minutes of Chicago. The Kopping Family has provided a parcel of their property to HRET to build our new home that will allow us to expand our services and offer programs year round and meet the areas demand for equine therapy.

#### Mission Statement -

To improve the physical, emotional, cognitive, and social aspects of the lives of individuals with special needs and veterans.

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HRET offers a variety of skill appropriate classes meeting the needs of preschoolers on our ponies to independent riders on our program safe horses.

Our unique farm experience program creates interactive, hands-on experiences with farm chores, agricultural and environmental activities, and caring for animals. HRET's curriculum fosters confident, independent, and responsible individuals, while stimulating their interest in future educational and career opportunities.

HRET now offers a veterans program which includes groundwork, bonding with horses, and riding.



space they can call their own. My son Sam was diagnosed shortly after

Help us give Sammy and our riders a

his birth with Periventricular leukomalacia (PVL); a precursor to Cerebral Palsy (CP). Sam's diagnosis is spastic quadriplegic CP with seizures. As parents we want to give our children all that they need, or provide to them, all that is available for them to cope with their disability to give them the best chance not to further

exasperate the condition they were born with. Therapy riding is one of the best therapies for Sam and has done so much good for him without the use of medical equipment that immobilizes him. It is one of the only therapies that mimics the body's natural movement that has improved his core stability, head control, his fine motor skills and his socialization with others not in a clinical setting. Riding gets him out of his wheelchair and the independence as though he himself were walking. Furthermore, riding therapy gives Sam new strength which has carried over into his everyday life. Sam can hold his head better at meal times. When Sam does floor sitting with us, or one of his therapist, we find that riding is building Sam's core strength seen through his trunk control. What is all comes down to is riding therapy helps our son thrive in his life and provide independence that cannot be duplicated with other forms of therapy. - *Tracy, Sammy's Mother* 

