

Holistic Riding Equestrian Therapy Program Rider Intake Form

Located at Kopping Farm 12310 115th St., Lemont, IL 60439 Holisticriding19@gmail.com

Welcome to Holistic Riding Equestrian Team (HRET) intake process. We strive to serve riders of all abilities, needs, and diagnoses. We individualize our classes to meet the the goals and needs of each participant. Our classes consist of approximately an hour of both saddle time and bonding with the horse. Along with our horse classes, we also have ponies classes to serve our younger riders under 60lbs. Please do not hesitate to contact our rider coordinator at hretrider@gmail.com to answer any questions you may have.

Participant:

Name _____ Gender _____ Date of Birth _____
 Email _____ Home Phone _____
 Address _____ City/State _____ Zip _____
 T-Shirt Size: _____ Height: _____ Weight: _____

Disability Information _____

Sensitivities(light/sound/mvmt/etc) _____

Parent or Legal Guardian (if applicable):

Name _____ Cell Phone _____
 Email _____
 Name _____ Cell Phone _____
 Email _____

The 2019 therapy riding sessions will be tentatively offered mornings Tues-Thurs at 9:30 and 10:30 AM and **Mon and Wednesday evenings** at 5 and 6 PM with 3:30 Junior pony classes.

Please record days and times your participant is **NOT** available, IF ANY (easier to place your rider in an appropriate class with more availability):

Interested Session (s): _____ [1-7]

Session I- 4 weeks

Weeks of Jan 27, Feb 3, 10, and 17

Session II- 6 weeks

Weeks of Feb 24, March 3, 10, 17, and 31, and April 17

Session III- 6 weeks

Weeks of April 21, 28, May 5, 12, 26, and June 2

Session IV-6 weeks

Weeks of June 9, 16, 23 and July 7, 14*, and 28

*Monday class will be July 15 and Wednesday class will be July 24

Session V- 4 weeks (Special Olympics)

Weeks of August 4, 11, 18, and 25

Session VI- 6 weeks (Special Olympics)

Weeks of Sept 15, 22, 29, and October 6, 13, and 20

Session VII- 4 weeks

Weeks of Nov 3, 10, 17 and Dec 1

WINTER: December 2019-January 2020 (Private and Semi-Private Lessons Available) Contact us at Holisticriding19@gmail.com

Participants should arrive no more than 10 minutes before sessions. Parents/Guardians must remain on premises during sessions. **Appropriate attire for riders consists of riding boots or hard-toed shoes with heels, jeans, and an ASTM/SEI certified safety helmet.** To ensure maximum safety for everyone, participants must vacate the premises immediately after their session.

Sessions are skill specific and goal-oriented to provide maximum growth potential for your rider. A private rider intake assessment interview will be scheduled to establish individual goals and objectives, discern your rider's skill set level, and place your rider in the appropriate group. This interview process is how you reserve a spot on our Holistic Riding Equestrian Team.

Contact us immediately at hretrider@gmail.com or 630-878-8096 Ext 1 to schedule your intake interview as most of our riders carry over year after year limiting the number of new slots available.

Looking forward to meeting you and your family and sharing the joys and healing power of the horse.

Sincerely,

Marlene F. Karman

Holistic Riding Equestrian Therapy Program Director/PATH Certified Instructor

Ashley Wurth

HRET Program and Rider Coordinator